

# Turkey's collagen protein drink: RENEVA COLLAGEN PROTEIN DRINK

## What Is Collagen?

Collagen is the basic protein in the human body. It constitutes about 30% of the total protein in our body. Skin, tendons, ligaments, muscles and veins contain collagen. Collagen is the most abundant protein in the whole body. Depending on age, its production in the body decreases.



## What Is Collagen Peptide?

In order to ensure the highest absorption of collagen, it is the easiest form of digestion with high bio-availability, reduced molecular weight by hydrolyzation process.

## Why Do I Need Collagen?

Our body begins to lose its capacity to produce collagen after the age of 25 years. Collagen production in the body decreases with slowing collagen production. The skin begins to lose its elasticity and the connective tissues begin to weaken. Aging effects such as

skin sagging, wrinkles, stiffness in muscles and veins, fragility of bones, decrease in joint function, regression in hair, skin and nail health occur.

In advanced ages, those who are exposed to factors such as sun, cigarette smoke, stress, engaged in sports and active living in, the need for collagen after menopause is greater. In order to reinforce your skin, muscles, bones, joints and connective tissues, you need to regenerate with collagen.

## What does the Reneva Collagen Protein Drink Fit do for you?

- The **10.000 mg** collagen in its content helps to increase lean body mass with peptide protein and magnesium, maintain muscle mass, and provide more muscle strength when combined with resistance exercises.
- By meeting 15% of daily magnesium needs, contributes to reduction of tiredness and fatigue, to normal muscle function.
- With magnesium, zinc, biotin, niacin, folic acid, pantothenic acid, vitamins B6 and B12 in its ingredients, it provides a balanced vitamin-mineral supplement.
- Its bioavailability is high with hydrolyzed collagen / collagen peptides.
- It shows repairing, reinforcing, regenerating effects on the muscles, tendons, bones, ligaments and skin.
- It is a delicious and refreshing drink that can be used in four seasons.
- It is delicious due to its lemon-strawberry aroma.
- Collagen Peptides are 100% bovine and have halal and kosher certificate.
- It does not contain sugar, carbohydrates, oil and preservatives.
- One serving is only 42.5 calories.

## What does the Reneva Collagen Protein Drink Beauty do for you?

- With **3.000 mg** collagen peptide in its ingredients, it increases the production of collagen of the body.
- It has anti-aging, regenerative effects on skin, hair and nails.
- With biotin, niacin, folic acid, pantothenic acid, vitamins A, C, E, B6 and B12 in its ingredients, it meets 50% - 62% of the daily vitamin needs.
- Its bioavailability is high with hydrolyzed collagen / collagen peptides.
- It is a delicious and refreshing drink that can be used in four seasons.
- It is delicious with passion fruit, orange and pineapple aromas.
- Collagen Peptides are 100% bovine and have halal and kosher certificate.
- It does not contain sugar, carbohydrates, oil and preservatives.
- One serving is only 15 calories.

### Protein

It contributes to the increase and preservation of muscle mass and the protection of normal bones.

### Vitamin A

It contributes to the protection of normal mucosa and normal skin.

### Vitamin B5

It contributes to normal energy metabolism, fatigue and over-fatigue reduction.

### Vitamin B6

It contributes to normal protein and glycogen metabolism.

### Vitamin B3

It contributes to the protection of normal skin.

### Magnesium

It contributes to electrolyte balance, normal muscle function and normal protein synthesis.

### Zinc

It contributes to the protection of normal bones, normal hair. It contributes to normal function of the immune system, to normal protein synthesis.

### Vitamin B12

It contributes to the reduction of fatigue and over-fatigue. It contributes to the normal function of the immune system.

### Vitamin B7

It contributes to the protection of normal hair.

### Vitamin B9

It contributes to normal amino acid synthesis.

**\*Turkish Food Codex Nutrition and Health Statements**

### Protein

It contributes to the increase and preservation of muscle mass and the protection of normal bones.

### Vitamin A

It contributes to the protection of normal skin, of the mucosa.

### Vitamin C

It contributes to the formation of normal collagen for normal function of the skin, cartilage and gums. It contributes to normal energy formation metabolism.

### Vitamin B12

It contributes to the reduction of fatigue and over-fatigue. It contributes to the normal function of the immune system.

### Vitamin B5

It contributes to normal energy formation metabolism, fatigue and over-fatigue reduction.

### Vitamin B6

It contributes to normal protein and glycogen metabolism.

### Vitamin B7

It contributes to the protection of normal hair.

### Vitamin B3

It contributes to the protection of normal skin.

### Vitamin B9

It contributes to normal amino acid synthesis.

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